

Help Us Solve  
The Cruel Mystery

**LUPUS**<sup>TM</sup>  
FOUNDATION OF AMERICA

Answers. Advocacy. Action.

**LUPUS**  
& **you**<sup>TM</sup>  
by Lupus Foundation  
of America

**Lupus & You: Answers. Advocacy. Action.** is a free educational series where people with lupus, their family and friends can learn more about the latest in lupus research and managing the disease. You'll also hear about various helpful resources and tools, and ways to engage in advocacy and awareness efforts to help bring an end to lupus.

**VISIT [LUPUS.ORG/LUPUSANDYOU](https://lupus.org/lupusandyou)**

**Plus, don't miss our local  
in-person Lupus & You  
Empowerment conferences!**



**SCAN THE QR CODE  
TO LEARN MORE**